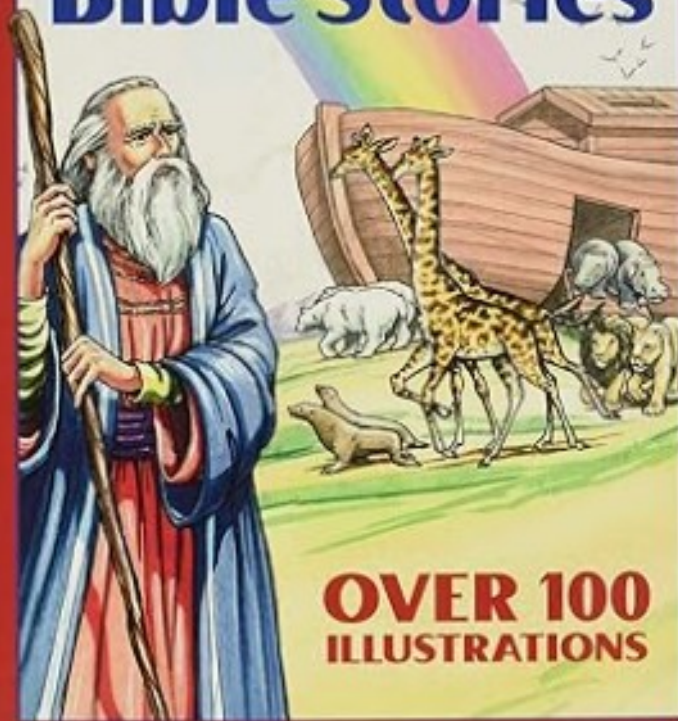


Intentional Internalization

(vv. 20 - 22)

365 Read-
Aloud
**Bedtime
Bible Stories**



**OVER 100
ILLUSTRATIONS**

STUDY GUID

THE
BIBLE
RECAP

Daily Questions to Deepen
Your Understanding of
THE ENTIRE BIBLE

TARA-LEIGH COBBLE

TARA-LEIGH
COBBLE

THE BIBLE
RECAP
PODCAST

THE BIBLE
RECAP

A ONE-YEAR
GUIDE TO
READING THE ENTIRE BIBLE

THE ENTIRE BIBLE

TARA-LEIGH COBBLE
CREATOR AND HOST OF *THE BIBLE RECAP* PODCAST

THE
BIBLE
RECAP

A ONE-YEAR GUIDE
TO READING AND UNDERSTANDING
THE ENTIRE BIBLE

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THE
BIBLE
RECAP

YOUR DAILY COMPANION
TO READING THE ENTIRE BIBLE

TARA-LEIGH COBBLE

Intentional Internalization

(vv. 20 - 22)

*It will be healing to your body and
refreshment to your bones.*

Proverbs 3:8

Intentional Internalization

(vv. 20 - 22)

Healthy Habits

(vv. 24 - 27)

- **Don't use deceitful or devious words.**

*Let no unwholesome word come out of
your mouth...*

Ephesians 4:29

- **Don't use deceitful or devious words.**
- **Don't get distracted.**

“No one, after putting his hand to the plow and looking back, is fit for the kingdom of God.”

Luke 9:62

- **Don't use deceitful or devious words.**
- **Don't get distracted.**
- **Don't wander.**

- **Don't use deceitful or devious words.**
- **Don't get distracted.**
- **Don't wander.**
- **Get away from evil.**

Intentional Internalization

Healthy Habits

A Superb Summary

(v. 23)

“A good person produces good out of the good stored up in his heart. An evil person produces evil out of the evil stored up in his heart, for his mouth speaks from the overflow of the heart.”

Luke 6:45

**Stay vigilant about who you are
inside, and who you are
becoming, because who we are
inside determines the life we live.**

So King Rehoboam became powerful in Jerusalem and reigned there.... But he did evil because he did not set his heart to seek the LORD.

2 Chronicles 12:13, 14

**Stay vigilant about who you are
inside, and who you are
becoming, because who we are
inside determines the life we live.**

